



CURRICULUM VITAE

VLASIOS NINIOS MD, MRCP

PERSONAL DETAILS

Name	Vlasios Ninios
Current Post	03/19-today Director of 2 nd Department of Cardiology Consultant Cardiologist in European Interbalkan Medical Center
Previous post	08/05-02/19 Consultant Cardiologist St. Luke's Hospital Panorama Thessaloniki, Greece
Qualifications	Ptychio Iatrikes (Medical degree, Grade 9/10) Greece, Membership of The Royal College of Physicians MRCP (UK 2000) Certificate of Completion of Specialist Training (Greece 2005)
Memberships	Hellenic Cardiac Society European Cardiac Society Working group of Interventional Cardiology of Hellenic Society of Cardiology Working group of valvular Heart Disease of Hellenic Society of Cardiology
Current Appointment	Specialist Consultant Cardiologist with interest in interventional cardiology (coronary and structural intervention), echocardiography , advanced heart failure and pacing/ICDs Director of Catheterisation Laboratory and Head of Department of Pacemaker and Defibrillation.

Current activities include: 3D transesophageal Echocardiography (**3DTEE**)

Coronary Intervention (proctor for **IVUS** and **Rotablation**)
Structural Heart intervention (**ASD/PFO/VSD/PDA** closures), **TAVI**, **MITRACLIP** implantation
Permanent pacemaker implantation and follow-up (**PPM**)
Implantation and follow-up of Implantable defibrillators (**ICD**) and biventricular pacemakers (**CRT-P and CRT-D**)
Mechanical assist devices (**LVAD- RVAD**)
Implantation of Left Atrial Appendage Closure Devices (**LAA- Occluders**)

Educational activities

Proctor for Rotablation and IVUS
Proctor for 3D Echocardiography
Active trainer in 'Academia' interventional training for young cardiologists (Medtronic")
ALS instructor
MRCP instructor

Research Activities

Currently recruiting for the **RESHAPE-HF 2 (Randomised Controlled trial)** randomised trial for patients in Cardiac Failure with functional Mitral Regurgitation
Has completed GCP training (1/2016)
Previously participated in **Qualify** study

Previous training

Specialist Registrar in Cardiology and Cardiovascular medicine, Papworth, **Cambridge University Hospitals, Cambridge University**, East Anglia Deanery, **Cambridge, UK (1999-2005)**

PUBLICATIONS

1. Response to letter regarding article, "A word of caution: risk of device erosion after percutaneous treatment of atrial septal defect in patients with dilated aortic root".

Dardas PS, Thanopoulos V, Theofilogiannakos EK, Ninios V, Kallifatidis A, Pitsis AA.

Circulation. 2015 Feb 24;131(8):e356. doi:

10.1161/CIRCULATIONAHA.114.012782. No abstract available.

2. Successful transapical transcatheter prosthetic mitral paravalvular leak closure.

Dardas PS, Kelpis TG, Ninios VN, Mezilis NE, Tsikaderis DD, Pitsis AA, Thanopoulos VD.

Hellenic J Cardiol. 2014 Nov-Dec;55(6):510-1. No abstract available.

3. Catheter closure of atrial septal defects using the Cocoon septal occluder: preliminary results of a European multicenter study.

Thanopoulos BD, Biasco L, Dardas P, De Backer O, Avraamides P, Deleanou D, Ninios V, Mavrommatis PP, Soendergaard L.

Int J Cardiol. 2014 Dec 15;177(2):418-22. doi: 10.1016/j.ijcard.2014.09.006. Epub 2014 Oct 11.

4. Floppy mitral valve/mitral valve prolapse syndrome: Beta-adrenergic receptor polymorphism may contribute to the pathogenesis of symptoms.

Theofilogiannakos EK, Boudoulas KD, Gawronski BE, Langae TY, Dardas PS, Ninios V, Kelpis TG, Johnson JA, Pitsis AA, Boudoulas H.

J Cardiol. 2015 May;65(5):434-8. doi: 10.1016/j.jjcc.2014.07.020. Epub 2014 Sep 22.

5. Three-dimensional echocardiographic evaluation of acute aortic dissection.

Kelpis TG, Economopoulos VA, Ninios VN.

Asian Cardiovasc Thorac Ann. 2014 Jun;22(5):628. doi: 10.1177/0218492313478432. Epub 2013 Sep 3. No abstract available.

6. Surgical septal myectomy for hypertrophic cardiomyopathy in Greece: a single-center initial experience.

Efthimiadis GK, Pitsis A, Pagourelis ED, Kamperidis V, Kelpis T, Meditskou S, Hadjimiliadiades S, Ninios V, Mezilis N, Maron BJ, Styliadis IH.

Hellenic J Cardiol. 2014 Mar-Apr;55(2):132-8.

7. A word of caution: risk of device erosion after percutaneous treatment of atrial septal defect in patients with dilated aortic root.

Dardas PS, Thanopoulos V, Theofilogiannakos EK, Ninios V, Kallifatidis A, Pitsis AA.

Circulation. 2014 Mar 25;129(12):e399-400. doi:

10.1161/CIRCULATIONAHA.113.007877. No abstract available.

8. Transcatheter closure of large atrial septal defects with deficient aortic or posterior rims using the "Greek maneuver". A multicenter study.

Thanopoulos BD, Dardas P, Ninios V, Eleftherakis N, Karanasios E.

Int J Cardiol. 2013 Oct 9;168(4):3643-6. doi: 10.1016/j.ijcard.2013.05.011. Epub 2013 May 25.

9. Catheter closure of a right aortico-atrial tunnel in a patient 4 years of age.

Thanopoulos BV, Ninios V, Germanakis J.

JACC Cardiovasc Interv. 2013 Jan;6(1):e1-2. doi: 10.1016/j.jcin.2012.07.020. No abstract available.

10. Left ventricular lipoma: a three-dimensional transesophageal echocardiographic appearance.

Kelpis TG, Theofilogiannakos EK, Ninios VN, Pitsis AA.

J Card Surg. 2013 Jan;28(1):53. doi: 10.1111/jocs.12049. Epub 2012 Dec 4. No abstract available.

11. Unroofed coronary sinus as a cause of right heart dilatation in an elderly patient.
Kelpis TG, Ninios VN, Giannakoulas G, Spanos GP, Nikoloudakis NE, Pitsis AA.
Hellenic J Cardiol. 2012 Sep-Oct;53(5):390-1. No abstract available.
Select item 22664366
12. Bi-ostial coronary thrombosis due to heparin induced thrombocytopenia.
Dardas PS, Tsikaderis DD, Theofilogiannakos EK, Spyrou AN, Mezilis NE, Ninios VN, Pitsis AA.
Int J Cardiol. 2013 Jan 10;162(2):e36-8. doi: 10.1016/j.ijcard.2012.05.069. Epub 2012 Jun 3. No abstract available.
13. Cryptogenic stroke after percutaneous closure of an atrial septal defect.
Dardas PS, Ninios V, Mezilis N, Theofilogiannakos EK, Tsikaderis D, Thanopoulos V.
Hellenic J Cardiol. 2012 Mar;53(2):155-9.
14. Microbubbles during pulmonary vein radiofrequency ablation.
Vassilikos VP, Ninios V, Theofilogiannakos EK.
Heart Rhythm. 2012 Sep;9(9):1444-5. doi: 10.1016/j.hrthm.2011.12.004. Epub 2011 Dec 6. No abstract available.
15. The use of rotational atherectomy and drug-eluting stents in the treatment of heavily calcified coronary lesions.
Dardas P, Mezilis N, Ninios V, Tsikaderis D, Theofilogiannakos EK, Lampropoulos S.
Hellenic J Cardiol. 2011 Sep-Oct;52(5):399-406.
16. The use of the GuideLiner™ catheter as a child-in-mother technique: an initial single-center experience.
Dardas PS, Mezilis N, Ninios V, Tsikaderis D, Theofilogiannakos EK.
Heart Vessels. 2012 Sep;27(5):535-40. doi: 10.1007/s00380-011-0181-x. Epub 2011 Aug 25.
17. ECMO as a bridge to high-risk rotablation of heavily calcified coronary arteries.
Dardas P, Mezilis N, Ninios V, Theofilogiannakos EK, Tsikaderis D, Tsotsolis N, Kolettas A, Nikoloudakis N, Pitsis AA.
Herz. 2012 Mar;37(2):225-30. doi: 10.1007/s00059-011-3489-5. Review.
18. Total ventricular assist for long-term treatment of heart failure.
Pitsis AA, Visouli AN, Ninios V, Kremastinos DT.
J Thorac Cardiovasc Surg. 2011 Aug;142(2):464-7. doi: 10.1016/j.jtcvs.2010.11.014. Epub 2011 Feb 1. No abstract available.
19. Aortic valve papillary fibroelastoma: a three-dimensional transesophageal echocardiographic appearance.
Kelpis TG, Ninios VN, Economopoulos VA, Pitsis AA.

Ann Thorac Surg. 2010 Jun;89(6):2043. doi: 10.1016/j.athoracsur.2009.09.033. No abstract available.

20. Rotablation in the drug eluting era: immediate and long-term results from a single center experience.

Mezilis N, Dardas P, Ninios V, Tsikaderis D.

J Interv Cardiol. 2010 Jun;23(3):249-53. doi: 10.1111/j.1540-8183.2010.00542.x.

Epub 2010 Apr 28.

21. Percutaneous closure of atrial septal defects: immediate and mid-term results.

Dardas PS, Ninios VN, Mezilis NE, Tsikaderis DD, Thanopoulos VD.

Hellenic J Cardiol. 2010 Mar-Apr;51(2):104-12.

22. Rheolytic thrombectomy in patients with acute coronary syndrome and large thrombus burden: initial and mid-term results from a single centre experience.

Dardas P, Mezilis N, Ninios V, Efthimiadis GK, Tsikaderis D, Pagourelis E, Pliakos C.

Hellenic J Cardiol. 2010 Jan-Feb;51(1):27-36.

23. Images in cardiovascular medicine. Repeated successful thrombolysis of a Jarvik 2000 left ventricular assist device in a patient with noncompaction cardiomyopathy.

Ninios V, Visouli A, Pitsis A.

Circulation. 2010 Jan 26;121(3):e13-4. doi: 10.1161/CIR.0b013e3181cdb410. No abstract available.

24. Prevalence, clinical correlates and treatment of permanent atrial fibrillation among the elderly: insights from the first prospective population-based study in rural Greece.

Ninios I, Bogossian H, Zarse M, Lazaridou F, Dimitriadis K, Ninios V, Lemke B, Louridas G.

J Thromb Thrombolysis. 2010 Jul;30(1):90-6. doi: 10.1007/s11239-009-0422-3.

25. Subaortic stenosis in an adult caused by two discrete membranes: a three-dimensional transesophageal echocardiographic visualization.

Kelpis TG, Ninios VN, Dardas PS, Pitsis AA.

Ann Thorac Surg. 2009 Nov;88(5):1703. doi: 10.1016/j.athoracsur.2009.01.067. No abstract available.

26. Minimally invasive transapical aortic valve-in-a-valve implantation for severe aortic regurgitation in a degenerated stentless bioprosthesis.

Kelpis TG, Mezilis NE, Ninios VN, Pitsis AA.

J Thorac Cardiovasc Surg. 2009 Oct;138(4):1018-20. doi:

10.1016/j.jtcvs.2009.05.020. Epub 2009 Jul 3. No abstract available.

27. Elective bridging to recovery after repair: the surgical approach to ventricular reverse remodeling.

Pitsis AA, Visouli AN, Ninios V, Bougioukas G, Filippatos G, Kremastinos D, Burkhoff D, Long JW.

Artif Organs. 2008 Sep;32(9):730-5. doi: 10.1111/j.1525-1594.2008.00596.x. Epub 2008 Jul 30.

28. Gender-specific differences in hypertension prevalence, treatment, control, and associated conditions among the elderly: data from a Greek population. Ninios I, Ninios V, Lazaridou F, Dimitriadis K, Kerasidou O, Louridas G. Clin Exp Hypertens. 2008 Jul;30(5):327-37. doi: 10.1080/10641960802269943.

29. Diverticulum of the left ventricle: etiology and surgical treatment. Pitsis AA, Visouli AN, Kelpis TG, Ninios VN, Nikoloudakis N, Parthenakis F, Vardas P. Heart Surg Forum. 2008;11(2):E75-7. doi: 10.1532/HSF98.20071205.

30. Left atrial function and work after surgical ventricular restoration in postmyocardial infarction heart failure. Dardas PS, Pitsis AA, Mezilis NE, Tsikaderis DD, Ninios VN, Boudoulas H. J Am Soc Echocardiogr. 2008 Jul;21(7):841-7. doi: 10.1016/j.echo.2007.12.005. Epub 2008 Apr 2.

31. Modified ross procedure: partially supported root replacement. Pitsis AA, Kelpis TG, Ninios VN, Dardas PS, Visouli AN, Boudoulas HK. Thorac Cardiovasc Surg. 2007 Dec;55(8):520-1. No abstract available.

32. Prevalence of interatrial block in a general population of elderly people. Ninios I, Pliakos C, Ninios V, Karvounis H, Louridas G. Ann Noninvasive Electrocardiol. 2007 Oct;12(4):298-300.

33. Measurement of cardiac output by real-time 3D echocardiography in patients undergoing assessment for cardiac transplantation. Hoole SP, Boyd J, Ninios V, Parameshwar J, Rusk RA. Eur J Echocardiogr. 2008 May;9(3):334-7. Epub 2007 Jul 9.

34. First human implantation of a new rotary blood pump: design of the clinical feasibility study. Pitsis AA, Visouli AN, Vassilikos V, Ninios VN, Sfirakis PD, Mezilis NE, Dardas PS, Filippatos GS, Bougioukas GI, Kremastinos DT, Long JW. Hellenic J Cardiol. 2006 Nov-Dec;47(6):368-76.