



STYLIANOS NIC. KAPETANAKIS

**Orthopaedic and Spine Surgeon
MD,FRCS,PhD**

Priv. Consultant Spine Surgeon

**Ass. Professor Medical School of
Democritus University of Thrace**

EDUCATION

1995 - 1999 Aristotle University of Thessaloniki (A.U.th)
Faculty of Physical Education and Sports Science

- Basketball expertise
- Graduated in 1999, June (4 years of studies)
- Grade: 8,05/10 "Very Good"
- Academic performance scholarship from the Greek State Scholarship's Foundation (I.K.Y) for 3 years of studies.
- Performance awards from the Greek State Scholarship's Foundation (I.K.Y) for 2 years of studies.
- Graduated 2nd from the Faculty of Physical Education and Sports Science.

1999 - 2005 Democritus University of Thrace (D.U.th)
Faculty of Medical School

- 1st in the University admission test
Grade: 9/10
- Graduated second (2nd) in 2005, June (6 years of studies)
- Grade: 8,21/10 "Very Good"

2006 Acquisition of the Doctor of Medicine title entitled: "***Joints and Surrounding Soft Molecules Effective Morphology. Electronic Microscope Analysis***" in Democritus University of Thrace, Medical School, with grade 10/10 " *Excellency* "

RESEARCHING & TEACHING EXPERIENCE

2002-2006 Member of the Descriptive Anatomy Laboratory in D.U.Th of Professor Thespi Demetriou, in the capacity of assisted.

2005-2006

- Worked in the Cretan Naval Hospital specializing in Clinical Surgery. Operated **250 surgical operations**, from which in 105 operations I was first assistant and in the other 145 operations I was first surgeon. At the same time I covered the position of specializing orthopedist in the Cretan Naval Hospital, participating in orthopedic surgery operations.

2007

- Specialized doctor in orthopaedic, (4 months) in the centre of St. Anna Hospital, Unfall Chirurgie und Orthopadie of Germany during the period January – May 2007.

2007 - 2009

- Specializing doctor in orthopaedic with a salaried position in Agios Nikolaos General Hospital (Crete) Orthopedic Dpt from May of 2007. Participated in **604** orthopedic surgical operations (232 as first surgeon and 372 as first assistant).
- Specializing doctor in orthopaedic with a salaried position in the Department of **Spine Surgery** in University Hospital of Heraklion from August of 2008 till February of 2009. Participated in spine surgeries (kyphoplasty, Spine tumors, fusions)

2009 - 2010

- Full salaried resident in Orthopaedic Department of General Hospital of Athens Amalia Fleming and in Children Orthopaedic of General Hospital «Aglaia Kyriakou» in Athens.

2011

- Elected as Academic Lecturer in the Department of Anatomy in Medical School of Alexandroupolis, Democritus University of Thrace.

2012-2013

- Spinal Fellowship in two different Spinal Units in London, Guy's and St.Thomas Hospital & London Bridge Hospital in London. Performed more than **800 spine procedures** focused on mainly MISS, lumbar and cervical degenerative diseases.

12-12-2013

- Assumed duties as Lecturer in Department of Anatomy in Medicine School of Alexandroupolis.

2014

- Head of Spinal Clinic and Deformities in European Interbalkan Medical Center in Thessaloniki

2015

- **Elected as Assistant Professor in Medical School of Alexandroupolis, Democritus University of Thrace.**
- **Director of South East Endoscopic Spinal Center in European Interbalkan Medical Hospital in Thessaloniki.** During last year performed **150** transforaminal lumbar endoscopic discectomies with excellent results, and **250** spine procedures.

SCOLARSHIPS

- 1995 - 1999* Aristotle University of Thessaloniki (A.U.Th.)
Faculty of Physical Education and Sports Science
- Academic performance scholarship from the Greek State Scholarship's Foundation (I.K.Y) for 3 years of studies.
 - Performance awards from the Greek State Scholarship's Foundation (I.K.Y) for 2 years of studies.

1999 - 2005 Democritus University of Thrace Medical School

- Academic performance scholarship from the Greek State Scholarship's Foundation (I.K.Y) for 1 year of studies.
- Academic performance Scholarship from the Vardinoggiano Foundation for 1 year of studies.
- Academic performance scholarship in the Post-Graduate Degree from the Foundation of the Cretan Centre for 5 years of studies

2009 Scholarship from ISAKOS (World Association of Knee Surgery Arthroscopy)

2012 Scholarship (10.000 Euros) for the best research protocol entitled "Correlation of biochemical mediators in serum and synovial fluid with clinical and imaging findings in patients with knee osteoarthritis"

Greek Orthopaedic και Traumatology Association

CERTIFICATIONS

- ATLS
- ALS
- CCST

- Lumbar disc replacement (Prodisc L)
- Vertebroplasty - St George's Hospital
- Cervical disc replacement surgery (Prodisc C)
- Kyphoplasty – Leiden (Kyphon)
- Endoscopic Transforaminal Lumbar Discectomy – ATOS
KLINIK (MUNICH)

PUBLICATIONS

- *An unusual intramuscular lipoma of deltoid muscle.*

Kapetanakis, Papathanasiou J., Dermon A., Dimitrakopoulou A., Ververidis A., Chloropoulou P., Kazakos. **Folia Medica**, 2010; Apr-Jun; **52(2):68-71**

- *A 20-year old man with large Gastric Lipoma. Imaging, clinical symptoms, pathological findings and surgical treatment.*

Kapetanakis S., Papathanasiou J., Fiska A., Ververidis A., Dimitriou Th., Zheliazko H., Paskalev. **Folia Medica 2010; 52(4): 67-70**

- *Serum TGF – β 2 and TGF – β 3, but not TGF – β 1, are increased and positively correlated to pain, functionality and radiographic staging in osteoarthritis.*

Kapetanakis S., Drygiannakis I., Kazakos K., Papanas N., Kolios G., Kouroumalis E., Verettas D. **Orthopedics 2010 Aug 11; 33(8) doi: 10.3928/01477447-20100625-09.**

- *Anomalies of the inferior vena cava: report of two cases and short review of literature.*

Kapetanakis S., Papadopoulos C., Galani P., Dimitrakopoulou G., Fiska A. **Folia Morphologica 2010; 69(3): 123-127**

- *Ganglionectomy without repairing the bursal defect. Long term results in a series of 124 wrist ganglia.*

Dermon A., **Kapetanakis S.**, Fiska A., Alpantaki K., Kazakos K. **Clinics in Orthopedic Surgery 2011; 3(2):152-156.**

- *Hypovolemic shock due to giant uterus leiomyoma detachment.*

Galani P., **Kapetanakis S.**, Papadopoulos C., Dimitrakopoulou G., Kosma L., Lafoyianni S., Dimitrakova E., Papathanasiou J., Fiska A. **Akush Ginocol 2010;(5):68-71**

- *A giant aneurysm of internal carotid artery which caused dysphagia. A case and a short review of literature.*

Vasileiadis I., **Kapetanakis S.**, Fiska A., Vasileiadis D., Dimitriou T. **Folia Morfologica 2010; 69(4): 267-270**

- *Body composition and standing long jump in young men athletes aged 6-13 years.*

Kapetanakis S., Papadopoulos K, Fiska A, Vasileiadis D, Papadopoulos P, Papatheodorou K, Adamopoulos P, Papanas n. **Journal of Medicine and Medical Sciences Vol. 1(9) pp. xxx-xxx October 2010**

- *A giant adrenal lipoma presenting in a woman with chronic mild postprandial pain: a case report.*

Kapetanakis S., Drygiannakis I., Tzortzinis A., Papanas N., Fiska A. **Medical Journal Case Reports 2011; 5:136**

- *Evaluation of improvement in Quality of life and Physical activity after total knee arthroplasty in Greek elderly women.*

Tsonga T., **Kapetanakis S.**, Papadopoulos C., Papathanasiou J., Mourgias N., Georgiou N., Fiska A., Kazakos K. **The Open Orthopaedics Journal 2011; 5; 343-347**

- *Plexiform (multinodular) Schwannoma of soft palate: report of a case.*

Kapetanakis S., Vasileiadis I., Petousis A., Fiska A., Stavrianaki A. **Folia Medica 2012; 54(3):62-64**

- *Internal laryngopyocele as a cause of acute airway obstruction: an extremely rare case and review of the literature*

Vasileiadis I., **Kapetanakis S.,** Petousis A., Stavrianaki A., Fiska A, Karakostas E. **Acta Otorhinolaryngol Italica 2012; 32: 58-62**

- *Can a giant cervical osteophyte cause dysphagia and airway obstruction? A case report.*

Kapetanakis ., Vasileiadis I, Papanas N, Goulimari R, Maltezos E. **Wien Klinische Wochenschrift 2011; 123: 1-3.**

- *Papillary thyroid microcarcinoma: clinicopathological characteristics and implications for treatment in 276 patients.*

Vasileiadis I., Karakostas E., Charitoudis G., Stavrianaki A., **Kapetanakis S.,** Kouraklis G., Karatzas T. **Eur J Clin Invest. 2011; doi:10.1111/j.1365-2362.2011.02633.x. Epub 2011 Dec 14.**

- *Risk factors contributing to the difference in prognosis for papillary versus micropapillary thyroid carcinoma*

T. Karatzas, I. Vasileiadis , **S. Kapetanakis,** E. Karakostas, G. Chrousos , G. Kouraklis. **The American Journal of Surgery" 2013**

- *Fractures and Dislocation of Cervical Spine*

K.S. Lam, **S. Kapetanakis. Current Orthopaedics**

- *Rapidly Growing Chondroid Syringoma of the External Auditory Canal: Report of a Rare Case*

I. Vasileiadis, **S. Kapetanakis,** A. Petousis, E. Karakostas, C. Simantirakis. **Case Reports in Medicine 2011; ID 589680, doi:10.1155/2011/589680**

- *External Auditory Canal Mass as the First Manifestation of a Bronchogenic Carcinoma: Report of a Rare Case*

I. Vasileiadis, **S. Kapetanakis,** D. Vasileiadis, A. Petousis, T. Karatzas. **Anal of Otolaryngology, Rhinology and Laryngology 2013; 122**

- *Muscle abnormalities of the chest in Poland's syndrome: variations and proposal for a classification*

Kapetanakis S., Papadopoulos C., Triantafilidis A., Fiska A., Agrogiannis N., Demetriou M., Panagiotou P. **Surgical and Radiologic Anatomy 2011; DOI 10.1007/s00276-011-0851-5**

- *Epiglottic Abscess Causing Acute Airway Obstruction in an Adult*

I. Vasileiadis, **S. Kapetanakis**, D. Vasileiadis, A. Petousis, T. Karatzas. **Journal of the College of Physicians and Surgeons Pakistan 2013; 23(9):673-675.**

- *Clinical and pathological characteristics of incidental and nonincidental papillary thyroid microcarcinoma in 339 patients*

I Vasileiadis, T. Karatzas, D. Vasileiadi, **S. Kapetanakis**, G. Charitoudis, E. Karakostas, G. Kouraklis. **Head and Neck 2013; DOI 10.1002**

- *The role of exercise in the breast cancer related lymphedema*

Panagiotou A., Nastoulis E., Bakirtzis D., Papadopoulos P., Tsonga Th., Fiska A. and **Kapetanakis S.* International Journal of Agricultural Sciences ISSN: 2167-0447 Vol. 2 (1), pp. 040- 045, January, 2012. Available online at www.internationalscholarsjournals.org**

- *Effect of Platelet Rich Plasma Combined with Demineralized Bone Matrix on Bone Healing in Ulnar Rabbit Defects*

V. G Galanis, **S. Kapetanakis**, K. Kazakos, T. Dimitriou. **Medical Journal of Singapore**

- *TITLE: A NOVEL CASE OF S1 BUTTERFLY VERTEBRA CAUSING SCIATICA DUE TO LATERAL RECESS STENOSIS*

Kapetanakis S*., Giovannopoulou E., Nastoulis V., Demetriou T. Accepted in **Folia Morfologica**

- *REVIEW: EFFECT OF LOW MOLECULAR WEIGHT HEPARINS ON FRACTURE HEALING*

Kapetanakis Stylianos, Nastoulis Vaggelis, Demesticha Theano., Demetriou Thespis. **Open Orthop J. 2015 Jun 26;9:226-36**

- *Death due to fracture of thin calvarial bones after a fall: an autopsy case.*

Pavlidis Pavlos, Sioutas Georgios, **Kapetanakis Stylianos**, Karakasi Maria, Demetriou Thespis. Review in **Case Reports in Medicine**

- *Can a severe kyphoscoliosis cause aorta rupture? – A case report*

Kapetanakis S., Kotopoulos C., Demetriou T., Karakasi M., Pavlidis P.
Review in **Spine Journal**

- *The role of transforaminal lumbar endoscopic discectomy in patients suffering from Parkinson disease.*

Kapetanakis S. Accepted in **Spine Journal**

- *Quality of life in patients following one level anterior cervical disc discectomy and fusion*

Kapetanakis S. Accepted in **World Journal of Spine.**

- *The clinical anatomy of cervical foramina*

Sioutas G., **Kapetanakis S.** Accepted in **Folia Morfologica**