



CURRICULUM VITAE
Prof. Apostolou Thomas

Orthopedic Surgeon

CURRENT POSITION

-Lecturer specialised in Spinal surgery, 1st Orthopaedic University Clinic, Aristotle University of Thessaloniki, Greece

-Orthopaedic surgeon, Interbalkan Medical Centre, Thessaloniki, Greece

EDUCATION

2011-onwards Master in Health Care Management, Hellenic Open University, Greece

1999-2003 PhD in “Morphometric characteristics of the pedicles in thoracic and lumbar spine in Greek population”, Medical School of Aristotle University of Thessaloniki, Greece

1988-1994 Degree of Medicine, Medical School of Aristotle University of Thessaloniki, Greece

ACADEMIC APPOINTMENTS

Formal Teaching of Residents, Clinical Fellows and Research Fellows

Post-graduate level

- ✓ 2005-Onwards: Master learning tutorials of specialized orthopaedic surgeons, Medical School, University of Thessaly
- ✓ 2012: Master class tutorials of AO Trauma “Fractures’ management rules”
- ✓ 2009: Master class tutorials of Greek Neurosurgery Society
- ✓ 2008: Master class tutorials of “European Spine Review and Cadaver Hands-On Course”
- ✓ 2008: Master class tutorials of “Advances in spinal surgery”

Under-graduate level

- ✓ 2005-Onwards: Associate Professor Alexander Technological Institute of Thessaloniki
- ✓ 2004-2005: Associate Professor of Technological Institute of Lamia



Clinical Supervisory and Training Responsibilities

- ✓ 30 invited trainer in International and Greek Conferences
- ✓ 54 invited lectures in International and Greek Conferences

Laboratory and Other Research Supervisory and Training Responsibilities

- ✓ 28 invited trainer in International and Greek Conferences' Workshops
- ✓ Head Researcher of National Metsovion Polytechnio, School of Applied Mathematics and Natural Sciences, Mechanic department
- ✓ Coordinator Researcher to European multicenter study, Smith+Nephew, Inc., Orthopaedic Division
- ✓ Coordinator Researcher to INSIDE program of TIDE of European Union
- ✓ Coordinator Researcher to MOVAID program of TIDE of European Union
- ✓ Coordinator Researcher to TREAD program of HUMAN CAPITAL AND MOBILITY of European Union
- ✓ Coordinator Researcher to RAFT program of BIOMED I of European Union
- ✓ Coordinator Researcher to TWIN program of RACE of European Union
- ✓ Coordinator Researcher to MO.RE.program of COMAC of European Union

APPOINTMENTS AT HOSPITALS/AFFILIATED INSTITUTIONS

Current Licensure and Certification

- ✓ 1996: Orthopaedic specialization medical licence, obtained by Hellenic Association of Orthopaedics and Traumatology

Practice Activities

- ✓ 2003-Today: Consultant Orthopaedic Surgeon in Interbalkan Medical Centre, Thessaloniki, Greece
- ✓ 2014-Today: Specialised in Minimally Invasive Techniques of spinal surgery, percutaneously discectomy and spinal fusions
- ✓ 2013-Today: Specialised in Anterior Minimally Invasive Surgery (AMIS) of Total Hip Arthroplasty
- ✓ 2009-Today: Lecturer in, Medical School of Aristotle University of Thessaloniki, Greece
- ✓ 2007: Visitor Orthopaedic surgeon, "Baguera" traineeship program, Collmar, France
- ✓ 2005: Visitor Orthopaedic surgeon, Istituti Ortopedici Rizzoli, Bologna, Italy
- ✓ 2000: Visitor Orthopaedic surgeon in Spinal Unit of Kantonspital, St. Gallen, Switzerland
- ✓ 1999: Visitor Orthopaedic surgeon in Spinal Unit of Queen's Medical Center, Nottingham U.K.
- ✓ 1998: Visitor Orthopaedic surgeon in Spinal Unit of Klinikum, Karlsbad–Langensteinbach Germany



- ✓ 1997: Visitor Orthopaedic surgeon in Orthopaedic Surgery Unit of Brno, Czech Republic
- ✓ 1996: Visitor Orthopaedic surgeon in Spinal Unit of Parc, Castellan-le-lez, France
- ✓ 1996-2003: Orthopaedic surgeon in private clinics “Galenos” and “Saint Louka”, Thessaloniki, Greece

EDITORIAL ACTIVITIES

Publications

- ✓ 14 research articles in foreign journals (peer-reviewed)
- ✓ 4 research articles in greek journals (peer-reviewed)
- ✓ 7 articles in greek journals (no peer reviewing)
- ✓ Doctoral thesis “Morphometric characteristics of the pedicles in thoracic and lumbar spine in Greek population”, Medical School of Aristotle University of Thessaloniki, Greece
- ✓ 1 monograph
- ✓ 3 chapters in academic books

Presentations

- ✓ 57 invited lectures in International and Greek Conferences
- ✓ 26 poster presentations

Conferences

- ✓ 98 greek seminars/conferences
- ✓ 67 international seminars/conferences

MEMBERSHIPS

Scientific Associations Member

- ✓ Greek Medical Society
- ✓ Medical Society of Thessaloniki, Greece
- ✓ Orthopaedic and Traumatology Association of Macedonia and Thrace
- ✓ Hellenic spine society
- ✓ Hellenic association of Orthopaedic Surgery and Traumatology
- ✓ American Academy of Orthopaedic Surgeons (Affiliate)

Editorial/ Administrative Work

- ✓ Editorial Board of “Focus” magazine, Temporary Medical Knowledge, MEDK Publications
- ✓ Member of scientific committees of greek congresses 13 times
- ✓ Member of organising committees of greek congresses 12 times